



PERIODONTAL AND IMPLANT
SPECIALIST CENTRE



A portrait of Rana Al-Falaki, a woman with dark, curly hair, wearing a white sleeveless top. She is looking directly at the camera with a slight smile. The background is a plain, light color.

Rana Al-Falaki

Welcome

Al-FaPerio offers specialist treatment for periodontal conditions, together with implant and bone solutions, within a friendly, care-centred environment.

Established in 2004, we are a specialist periodontal and implant practice, where we aim to successfully treat anyone with gum or missing teeth problems. This could include gum conditions such as infection, bleeding gums, bad breath, loose teeth and gum recession. We help to improve smiles that are gummy or have uneven gum lines; anything affecting the soft and hard tissues that support the teeth.

“My motivation has always been to provide the highest quality care for patients and advance the profession by pioneering the most up to date and minimally invasive treatments. We listen to our patients, we listen to our referrers, and I truly believe we provide a personalised responsive service that aims to improve quality of life for our patients.”

Rana Al-Falaki

Implants at Al-FaPerio



I am delighted to inform you that we are now taking on referrals for implant placement. We have been asked by many of you and your patients over the years, so to finally be able to offer this service is truly exciting.

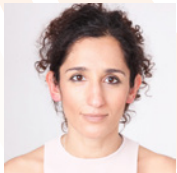
We like to feel, where required, we can act as an extension of your practice, building mutually beneficial relationships. Should you already have an implant referral relationship in place, you can rest assured that we always maintain our strong philosophy of never imposing on your patient relationships.

We can continue to support you prior to implant placements with periodontal therapy. We are happy to help with preparatory work for more advanced cases, such as hard or soft tissue augmentation, sinus grafting, or just help in treatment planning. We offer 0% interest and other financial packages.

You may want to restore implants, which we place, and increase what you can offer in your practice. If you already place implants, please inform us, so that we have an up-to-date list.

If you have any concerns or questions, we have an informal open communication policy. Please feel free to contact us at any time.

Yours faithfully,



Rana Al-Falaki
Specialist in Periodontics
Practice Principal



Why choose us?

We are a multi award winning specialist practice, with a team dedicated to the treatment and prevention of infections, loss of the gum and bone surrounding the teeth. We use evidence-based proven clinical studies to create treatment plans for all our patients. Amongst other innovations, we apply the most cutting edge advanced laser technologies and surgical microscopes, allowing us to see accurate detail and correct the conditions.



Specialist Periodontists: We have a team of well-respected specialist dental surgeons and support staff who are uniquely trained in cutting edge technology and innovative techniques to give every patient the best possible results and ensure long lasting, cost-effective and comfortable dentistry. Together we have collated numerous accolades, advanced knowledge and unique skills in the field of periodontology.

Advanced Technology: We pride ourselves on using cutting edge advanced technology, including a wide range of the latest advanced lasers used for a variety of conditions. Scientific tools such as the 'Advanced Digital Periodontal Probe' for accurate pocket measurements and the innovative 'Surgical Microscope' allow for better specification of treatment.

Laser Periodontal Treatments: Specialist Rana Al-Falaki is UK Ambassador and Senior Trainer for periodontal lasers and produces fantastic results without the need for heavily invasive surgery. She is the principal expert on laser periodontology with vast experience that has positioned her as the 'go-to' person in this field of dental gum disease treatment in the UK.

Global Periodontal Laser User Society (GPLUS): Rana is also the founder of GPLUS, a society which helps specialist periodontists understand how to use lasers and their various implications. From this, the practice has developed exceptional knowledge on advanced periodontal care and the specific advantages of lasers.

Our Treatments



Laser Gum Treatment

Traditional gum treatments tend to focus on the elimination of bacterial infection by manual debridement. The post-operative result can include gum recession and associated bone loss. The loss is irreversible and requires aesthetic oral plastic surgery to correct. Laser surgery can eradicate these types of post-operative results by eliminating the infection in such a way as to 'sterilise' the area being treated. This means that the probability of the infection reoccurring is minimal. It also encourages bone and gum regeneration helping to preserve the cosmetic aspect.

Rana Al-Falaki has created an innovative technique that has enabled her to elicit better than expected bone regeneration results. Her technique encourages bone cells to regenerate, leading to re-growth of the bone in the treated area. Hence, laser treatments can accommodate both vertical and horizontal bone loss situations. It is particularly effective for treating furcation areas as these are associated with a combination of both horizontal and vertical deterioration.

Periodontal Disease

With careful examination, we will highlight the extent of the infection and can customise treatment protocols and prevention programs for the patient.

Receding Gums

If not treated and managed correctly, this can lead to sensitivity, unsightly teeth, tooth mobility and tooth loss. We apply innovative clinical techniques to restore the aesthetics and functionality of the teeth together with your smile.

Dental Implants

There are a huge variety of implants now available on the market used to replace missing teeth. They differ in technicality of placement and post-treatment functionality. Our diagnosis and assessment of a patient will help highlight the best option available.

Peri-implantitis

Implants provide a suitable fixed solution where you can have teeth that do not have to be taken out like dentures. However, they too can become infected (Peri-Implantitis) leading to deterioration of the gum and bone in which the implant is embedded. Our clinical susceptibility assessment and customised post-operative protocols will help to prevent such deterioration and any failure of the implants.

Bad Breath Clinic

We are experienced in helping patients deal with bad breath or 'halitosis'. As an issue that isn't discussed openly due to embarrassment or fear of the consequences of the causal factors, we have a special clinic that is devoted to helping people address this condition in a sensitive and comfortable manner.

Overcoming Dental Anxiety

There are many aspects to overcoming dental anxiety and phobia. We have a selection of successful techniques and methods that have been clinically proven to help achieve dental results in a more relaxed way. So you can be guaranteed that your patients will always feel comfortable and be cared for in a manner they would expect.

We have various cases on our website that portray the level of detail and depth that goes into each treatment type to ensure a successful result. Please visit www.al-faperio.co.uk/laser-gum-treatment/before-and-after for more information.

Fee guide



SPECIALIST PERIODONTAL PROCEDURES

Consultation including radiographs and report

£150

Laser gum treatment, including reassessment

(Prices are dependent on extent, severity and type. On average, a generalised moderate case varies between £1050-£1650)

from £350

Peri-implantitis laser treatment:

Flapless

Flapped surgery

from £295

from £600 + materials

Supportive periodontal therapy / maintenance

£140-£225

Fibre splinting

from £125

Crown lengthening surgery

Regenerative surgery

Pocket surgery

Recession treatment includes grafts

Frenectomy / vestibular deepening

from £400

from £600

from £600

from £695

from £225



IMPLANT TREATMENT

Implant consultation
Dental implant (placement only)
Dental implant (implant + abutment + crown)
Additional bone

£90
£1,750
£2,300
£495

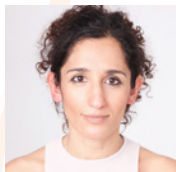
OTHER PROCEDURES FOR IMPLANT TREATMENT

Atraumatic extraction
Surgical extraction
Socket preservation
Maxillary sinus lift
Osteotome summer's technique

from £150
from £250
from £495
from £1,500
from £595



Meet The Team



RANA AL-FALAKI

BDS Lond, MFD RCS Irel, MClintDent Lond, MRD RCS Eng - GDC no. 73538

Specialist in Periodontics

Rana Al-Falaki, MRD, has been a UK registered specialist in periodontics since 2003. She has been an undergraduate and post-graduate clinical lecturer and consultant. Most of her time is now spent in specialist practice, as well as lecturing worldwide. She was the first UK periodontist to use lasers in her daily practice. She is conducting research on its applications and also lectures both in the UK and internationally on the subject and is pioneering its use in this field. Rana has published articles and presented research on the use of lasers, in both periodontology and peri-implantitis, is an honorary lecturer for Guys Dental School, University of London, is a visiting professor to the Medical University of Taipei, a fellow of the International Academy of Dento-facial Esthetics, an editorial board member of the Journal of Lasers in Dental Science, a key opinion leader and laser trainer in the UK, and founder of the Global Periodontal Laser User Society.



FEDERICO MORENO

Lic. Odont Madrid, MClintDent Perio; MRD Perio RCS (Eng) - GDC No.179802

Dr. Federico Moreno received his degree in Dentistry in 2009 from the European University of Madrid, Spain. From 2009 until September 2012 he worked as a general dentist in mixed NHS and private practices in the Lancashire region. During this period, he completed a Postgraduate Certificate in Implant Dentistry at the Trafford General Hospital, Manchester, directed by Prof. Cemal Ucer from the University of Salford. Dr. Moreno has a keen interest in dental research and managed to publish a number of articles in international dental journals. From a very early stage, Dr. Moreno was fascinated with the complexity of gum disease and was clear he wanted to pursue his passion enrolling in a full-time specialist training program. In 2012 he was accepted in the 3-year Periodontology course in the world-renowned UCL Eastman Dental Institute, London. The Eastman MClintDent(Periodontology) program is one of the 11 European periodontology programs, and the only one in UK, that is accredited by the European Federation of Periodontology (EFP). After graduating, besides working as a specialist periodontist he dedicated part of his time as an Honorary clinical supervisor and Honorary Clinical Teaching Fellow for the MClintDent specialist trainees in Periodontology at the UCL Eastman Dental Institute in London. In 2016, he was appointed as a Clinical lecturer at the same institution where he also carries cutting edge research investigating the use of stem cells for periodontal regeneration as part of his PhD project. Federico welcomes referrals for all aspects of periodontal care and dental implant placement alone or in combination with grafting procedures. Outside dentistry, Federico enjoys cycling and playing football as well as attending many of the social and professional events available in London!

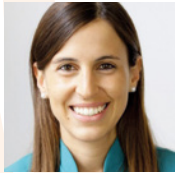


ALI DAFTARI

DMD, MCLinDent (Perio), MFDS, M Perio RCSEd - GDC no. 179936

Specialist in Periodontics

Ali Daftari qualified as a Doctor of Medicine in Dentistry in 2009, prior to this he obtained a degree in Microbiology with Biomedical Sciences. Thereafter, Ali worked in general practice and subsequently sat his MFDS examination. He completed a one-year multi-system implantology course at Trafford General Hospital, which led him to pursue further studies in periodontology. In 2012, he commenced a three-year full-time specialist training program at Barts and The London in Periodontology and Implant Dentistry. He attained his MCLinDent in Periodontics in 2014 and an Advanced Diploma in Periodontology in 2015. He went on to receive his membership in Periodontology from the Royal College of Surgeons, Edinburgh. He is also a part time clinical tutor at the London Hospitals. Ali has a special interest in the regeneration of tissues of the periodontium and carried out a proof of principle research study on regenerative materials. He is also interested in treating the cosmetic aspect of gum issues, surgically correcting gummy smiles and also improving gum recession.



MIRIAM MOLINS

Lic Odont Catalan - GDC no. 230752

Special interest in Implant Dentistry

Miriam Molins graduated from the Faculty of Dentistry at the International University of Catalonia (UIC) Barcelona, Spain. Miriam initiated her postgraduate studies in cosmetic dentistry and successfully completed a one-year full time program in Advanced Comprehensive Dentistry at the New York University College of Dentistry, USA. In 2012, she completed a three-year full-time program in implant dentistry, oral surgery, prosthodontics and periodontics. She has also completed a two-year part time Master program on Biomaterials. She currently works in London as an Implantologist, with specific interest in implant placement, bone grafting procedures and cosmetic dentistry.



PAULINE LAUTARD

BDS (Hons) MFDS RCSEd

Qualified as a dentist from King's Dental Institute at Guy's Hospital with honours in 2014. She was then awarded the Diploma of Membership of the Faculty of Dental Surgery of The Royal College of Surgeons of Edinburgh in 2016. She worked as a Senior House Officer in Oral and Maxillofacial Surgery at Addenbrooke's Hospital in Cambridge and as a General Dentist in Practice before working exclusively in the field of Periodontology. Pauline is Specialty Registrar in Periodontology at Guy's Hospital where she is completing her Masters in Clinical Dentistry in Periodontology. She is a highly dedicated clinician and is passionate about treating gum disease. She is involved in dental research to be at the forefront of new advances in the treatment of gum disease.

Referrals

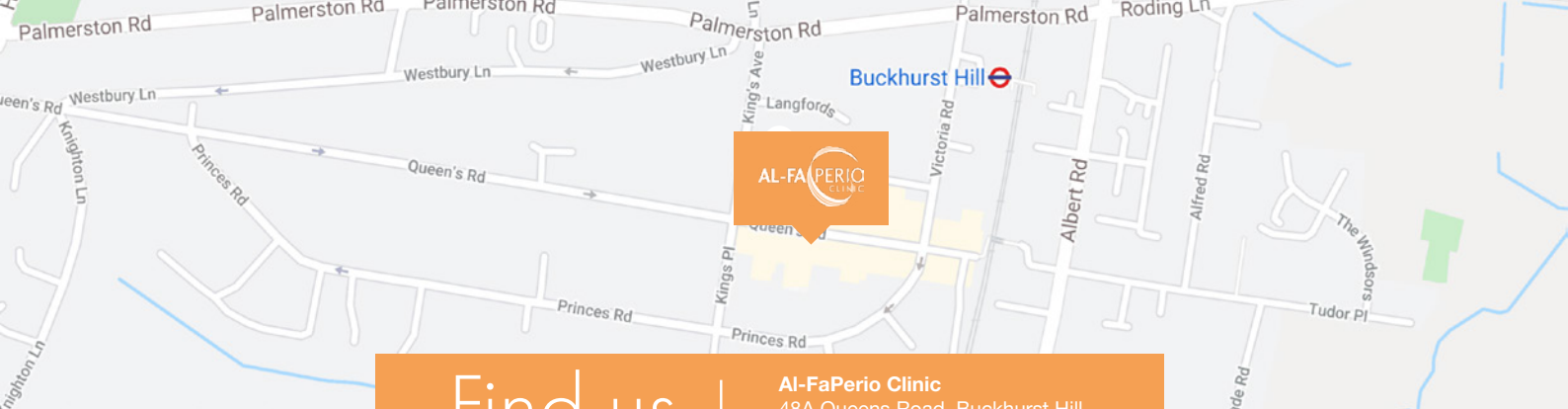
Communication

Patients today have a greater understanding of dentistry and hence have higher expectations for how their requirements are addressed. We can assure you that we are sympathetic to these needs. At Al-FaPerio, your patients will always receive an excellent standard of care. You will constantly be updated on their progress so that they continue to remain very much – your patients. As a specialist only practice, we pride ourselves on creating long term relationships with our referring dentists in which we cultivate very clear, open and honest communication on the journey of their patients with Al-FaPerio.

Procedure

- Once we receive a referral, we will contact your patient (preferably by phone or e-mail) and arrange a suitable appointment for consultation.
- Following the consultation, you will receive a full clinical report, outlining our findings and suggested treatment along with a copy of any radiographs.
- Your patient will also receive a copy of this report along with a written estimate of costs.
- You will then receive updates of patient progress at appropriate intervals.

When we get to the maintenance phase we like to work with you and your hygienists as much as possible. We will carry out the risk assessments and provide hygienist treatment plans to enable work to be done at your practice. We can also provide training for you and your hygienists on how to carry out supportive periodontal therapy.



Find us |

Al-FaPerio Clinic
48A Queens Road, Buckhurst Hill
Essex IG9 5BY

Located a few minutes walk from Buckhurst Hill Central Line station, 30 minutes from The City,
Parking is widely available

Tube

Buckhurst Hill Central Line Station is less than five minutes walk away

Buckhurst Hill station is just 25 minutes from Liverpool Street

Road routes

10 minutes from the North Circular Road (A104), and close to the M11 and M25 (J26)

Railway

Nearest British Rail Station is Chingford (30mins form Liverpool Street) Stratford Station (BR, Jubilee and Central Tube lines) is 15mins to Buckhurst Hill

Bus routes


From Chingford, Woodford, Roding Valley, Loughton and Debden to the top end of Queens Road (10mins walk):
Buses No. 20, 397 and 549

To Palmerston Road (parallel to Queens Road) – Bus No. 549
From Chigwell, to Buckhurst Hill Station – Bus No 167

Car parking

There is meter parking for up to 2 hours all along Queens Road (10am-5.30pm) There are long stay car parks at both ends of Queens Road

Contact us

 **Al-FaPerio Clinic**
48A Queens Road
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 **020 8506 0701**

 **info@al-faperio.co.uk**

 **www.al-faperio.co.uk**

